Scrutiny Task and Finish Panel Agenda



Youth Engagement Review Task and Finish Panel Wednesday, 8th July, 2015

You are invited to attend the next meeting of **Youth Engagement Review Task and Finish Panel**, which will be held at:

Committee Room 1, Civic Offices, High Street, Epping on Wednesday, 8th July, 2015 at 7.00 pm.

Glen Chipp Chief Executive

Democratic Services

Rebecca Perrin (Democratic Services)

Officer

Tel: 01992 564532 Email:rperrin@eppingforestdc.gov.uk

Members:

Councillors S Murray (Chairman), G Mohindra, S Neville, A Patel, C Roberts, B Surtees, J McIvor and M Tinker

THE DEADLINE FOR THE SUBMISSION OF SUBSTITUTES TO THIS MEETING IS
18:00 HOURS

1. APOLOGIES FOR ABSENCE

2. SUBSTITUTE MEMBERS (COUNCIL MINUTE 39 - 23.7.02)

(Director of Governance) To report the appointment of any substitute members for the meeting.

3. DECLARATIONS OF INTERESTS

(Director of Governance) To declare interests on any items on the agenda.

In considering whether to declare a pecuniary or non-pecuniary interest under the Code of Conduct, Overview and Scrutiny members are asked to pay particular attention to paragraph 11 of the Code in addition to the more familiar requirements.

This requires the declaration of a pecuniary or non-pecuniary interest in any matter before an OS Committee which relates to a decision of or action by another Committee or Sub-Committee of the Council, a Joint Committee or Joint Sub-Committee in which the Council is involved and of which the Councillor is also a member.

Paragraph 11 does not refer to Cabinet decisions or attendance at an OS meeting purely for the purpose of answering questions or providing information on such a matter.

4. NOTES OF THE LAST MEETING (Pages 3 - 14)

To agree the notes of the meeting held 22 June 2015 (attached).

5. TERMS OF REFERENCE

To note the Terms of Reference. (attached)

6. THE WIDER YOUTH STRATEGY AND ENGAGEMENT UNDERTAKEN BY THE COUNCIL (Pages 15 - 20)

To consider the attached report.

7. ESSEX COUNTY COUNCIL SERVICES FOR YOUNG PEOPLE

(Edward Nkwelle, District Youth and Community Commissioner) To report on Essex County Council Services for Young People.

8. ITEMS FOR THE NEXT MEETING

To consider items for the next agenda.

9. DATE OF THE NEXT MEETING

To note that the next meeting will be held on Tuesday 11 August 2015 at 19.00 in Committee Room 1, Civic Offices, Epping.

EPPING FOREST DISTRICT COUNCIL NOTES OF A MEETING OF YOUTH ENGAGEMENT REVIEW TASK AND FINISH PANEL HELD ON MONDAY, 22 JUNE 2015 IN COUNCIL CHAMBER, CIVIC OFFICES, HIGH STREET, EPPING AT 7.00 - 8.30 PM

Members S Murray (Chairman), , G Mohindra, S Neville, A Patel, C Roberts and

Present: B Surtees

Youth Council members

J McIvor and M Tinker

members present:

Other members

H Kane

present:

Apologies for Absence:

Officers Present J Chandler (Assistant Director (Community Services)), C Overend (Policy

& Research Officer), G Wallis (Community, Health & Wellbeing Manager)

and R Perrin (Democratic Services Assistant)

15. SUBSTITUTE MEMBERS (COUNCIL MINUTE 39 - 23.07.02)

The Panel noted there were no substitute Members appointed for this meeting.

16. DECLARATIONS OF INTEREST

- (a) Pursuant to the Council's Code of Member Conduct, Councillor S Murray declared a personal interest in agenda item 7, School Questionnaire as he was employed by one of the schools consulted. The Councillor had determined that his interest was not prejudicial and would remain in the meeting for the consideration of the issue.
- (b) Pursuant to the Council's Code of Member Conduct, Councillor B Surtees declared a personal interest in agenda item 7, School Questionnaire as he was a Chair of schools Governor. The Councillor had determined that his interest was not prejudicial and would remain in the meeting for the consideration of the issue.

17. NOTES OF THE LAST MEETING

The notes from the meeting on 18 May 2015 were agreed as a correct record.

18. TERMS OF REFERENCE

The Panel noted that the Terms of Reference had been agreed by the Overview and Scrutiny Committee on 9 June 2015.

19. YOUTH COUNCIL FINANCE

The Community, Health & Wellbeing Manager, G Wallis presented the details of the finance for the Epping Forest Youth Council (EFYC) which included the operational budget, external funding secured and the total salaries for the staff supporting the

Youth Council, of which it had been advised that 60% of their time had been allocated to the Youth Council.

The operational budget for each financial year and had been split into three key areas which included Training, Development and Events; Transport and Travel; and General, Publicity, Equipment etc. G Wallis advised that Youth Councillors had previously attended annually the Overview and Scrutiny Committee to bid for their funding from the District Development Fund (DDF) which had changed two years ago and they were now funded from the General Fund.

Councillor Murray stated that the external funding secured over the life time of EFYC also translated into around 39% of the funds allocated to them.

Councillor Mohindra enquired whether the external funding offset the expenditure of the Youth Council. G Wallis advised that this was additional funding that the Council was able to access because of the youth engagement the Youth Council had been involved in and had been used specifically to deliver project work through EFYC. Therefore, it did not serve to reduce the actual cost of the Youth Council.

Councillor Patel asked about the external funding and whether any other sources had been pursued. G Wallis advised that the Essex County Council funding opportunities had reduced significantly since the creation of EFYC and other funding which they provided through the Youth Strategy Group was aimed at other voluntary groups in the District.

Councillor Patel enquired whether private companies were able to sponsor the EFYC. M Tinker advised that they had contacted local business to support events such as the Intergenerational events and Fyfield Rural Roots event, for raffle prizes. G Wallis advised that sponsorship would be welcomed by the Youth Council.

The Panel felt that the EFYC had been effectively delivered and financially controlled.

Agreed that the Panel noted the following comments;

- (a) that the EFYC budget and associated costs had not increased since EFYC had began in 2008;
- (b) that the EFYC had generated the equivalent of 39% of it's running costs in external funding; and
- (c) that the Youth Councillors themselves had independently applied and acquired external funding for EFYC.

20. SCHOOL QUESTIONNAIRE

G Wallis advised that she had received all school questionnaire responses, which varied considerably.

M Tinker advised the Panel that Roding Valley High School had a dedicated teacher who supported the Youth Councillors in their roles within the school and had even allowed them to lead the School Council.

Councillor Mohindra asked whether a teacher was appointed within the school as a direct contact and support to the Youth Councillors. J McIvor advised that problems arose when the support teachers left and were either not replaced or the same support level and interest was not given.

Councillor Neville asked what had been done to encourage participation and what the age range was. J McIvor advised that EFYC attended various events across the District which included volunteering and conferences to promote the Youth Council. G Wallis advised that the age range for EFYC was between 13-17 years old and they served for a two year term. The promotion for the elections involved around 25 assisted assembles, social media, press releases, posters and various events attended by the EFYC in the run up to the elections which were all held within each school in a week period in February.

Councillor Mohindra asked about the turn out at elections. G Wallis advised that the turn out was very high because it was a captive audience and all voters were given the chance within the school day to vote. J McIvor also advised that he had spoken on radio, which helped to make the parents aware of the opportunity and elections.

The Assistant Director (Community Services and Safety), J Chandler advised that the types of candidates nominated and elected varied. Nevertheless they were all nurtured and supported through their term of office, which improved their knowledge and confidence.

M Tinker advised that he was a member of Youth Parliament (YP) which required schools to sign up to 'Make your Mark' campaign. The campaign required him to distribute ballot papers across the District for young people to have their voice heard and vote on issues that affected them on a national level. EFYC enabled him to contact and distribute these ballot papers in the schools through the Youth Councillors, which would not be possible without the existence and input of the EFYC.

Councillor Mohindra asked how EFYC compared to peer groups met through YP. J McIvor advised that EFYC was very productive, consulted and delivered on projects within their term of office compared to others.

Councillor Surtees enquired about promoting EFYC to year 6 pupils. J Chandler advised that they had not pursued mainly because it was evident that some Year 6 pupils already struggle with the transition to secondary school, so most initiatives (with the exception of Crucial Crew) were held off until Year 8. However, it could be considered.

Councillor Mohindra enquired about the EFYC Chairman's position. J McIvor advised that the Chairmanship rotated around the group to allow everyone to have the chance to chair a meeting and use the training they have obtained.

The Panel enquired whether acknowledgements had been sent to the schools regarding the comments. G Wallis advised that officers had already sent responses.

The Panel **noted** the school questionnaires responses.

21. FEEDBACK FROM LOCAL PARTNERS

G Wallis advised that feedback had been received from all the Local Partners contacted, which included local statutory, community and voluntary sectors such as Loughton Town Council, City of London, The Red Balloon Family, Voluntary Action Epping Forest (VAEF) and Essex County Council.

M Tinker advised that EFYC had been involved in various events that the Youth Council had been invited to by Local Partners. J McIvor indicated that the EFYC was established group and local partners were now inviting them as standard.

Councillor Mohindra asked the Youth Councillors what legacy they wanted for the EFYC in five years. M Tinker advised that he wanted to see a Youth Council still present. J McIvor stated that he felt that EFYC was an established group and that it had made a difference, allowing young peoples voices to be heard, so he would like that to continue.

Councillor Surtees asked whether EFYC was consulted by the Council. G Wallis advised that EFYC had been consulted on various third party consultations but although they were already a consultee on various Council items, perhaps this could be pursued further.

M Tinker suggested that Councillors be emailed a copy of the British Youth Council – Positive Stories document each month to allow Councillors to compare nationally the youth groups.

The panel **agreed** for British Youth Council – Positive Stories document to be emailed by Di Butler to all Members.

The Panel **noted** that positive comments had been received from all the Local partners (attached).

22. COMPARISONS FROM LONDON AUTHORITY AND SIMILAR DISTRICT COUNCIL IN ESSEX

The Community Policy and Grants Manager, C Overend presented comparative information with regards to youth councils in a range of other local authority areas which included Harlow Youth Council, St Albans, Hillingdon Young People/Youth Council and Bromley Youth Support Programme and Youth Hubs. The local authorities assessed were chosen because of the more extensive breadth of their youth councils. The work being carried out at other several other local authorities was also looked at but in many instances consisted of no more than a brief summary. In comparative terms, the work being carried in Epping Forest was more extensive and impressive.

The Panel **noted** the comparative information of Harlow Youth Council, St Albans, Hillingdon Young People/Youth Council and Bromley Youth Support Programme and Youth Hubs.

23. ITEMS FOR THE NEXT MEETING

Agreed that on the 8 July 2015 the Panel would consider the following items;

- 1. The Wider Youth Strategy and Engagement undertaken by the Council; and
- 2. Essex County Council Services for Young People.
- 3. Parish and Town Engagement with the Youth Council.

24. DATE OF NEXT MEETING

The Panel noted that the next meeting would be Wednesday 8 July 2015 at 19.00 in Committee Room 1.

The Panel noted that future dates for the Task and Finish Panel were;

- Tuesday 11 August 2015; and
- Monday 14 September 2015.

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Minute Item 21

Our ref: E.7.1/EKW

Ms Diane Butler Youth Engagement Officer **Epping Forest District Council** 25 Hemnall Street Epping CM16 4LU

29 April 2015

Dear Diane

Youth Engagement activity in Epping Forest

On behalf of the Town Council I am pleased to write in support of the work and contribution made by Epping Forest Youth Council.

It has been impressive to see the various projects undertaken by the youth councillors, particularly the recent anti-bullying awareness work and the provision of safety advice to young people. This is clear evidence of their engagement with the wider community.

Our local Loughton youth councillors have also attended many of our community events during recent years. They have acted as excellent ambassadors for the young people in the town by giving readings at official services and by the laying of wreathes. These have included WWI centenary services and our commemoration of the award of the Victoria Cross to Private Sidney Godley last August, and also at our annual Civic Services.

We value their support and assistance when we need to engage with our young people, for example over the forthcoming consultation on refurbishment of the play area off Traps Hill.

Given their personal education commitments, their achievements during their 2-year terms of office have been impressive although this will have been made easier by the support and expertise of the relevant District Council staff.

Please let me know if I can provide any additional information for this review.

Yours sincerely

Enid K Walsh Town Clerk





Telephone: 020 8508 4200 Facsimile: 020 8508 4400 e-mail: contact@loughton-tc.gov.uk Web site: www.foughton-tc.gov.uk Town Clerk: Enid K Walsh

Open Spaces Department

Sue Ireland BSc, MSc, MIPGS Director of Open Spaces

Diane Butler Youth Engagement Officer Epping Forest District Council 25 Hemnal Street Epping CM16 4LU



Email alison.tapply @cityoflondon.gov.uk

Date 29 May 2015

Dear Diane

EFDC Youth Engagement Review

We have been working in partnership with the EFDC for the last four years delivering practical conservation projects together on the Forest with the Youth Council. These sessions are invaluable to us for a number of reasons, they:

- Forge a link between the Forest and an often difficult to reach section of the community young people
- Allow us to gather ideas and present our ideas regarding youth engagement
- Work as a platform for us to promote positive messages about the Forest and how to enjoy it
- Allow the young people to act as champions for the Forest as they pass on information to their peers therefore increasing the impact of the work we do together spreading the message

The young people engage in activities where they gain skills in the following:

- Team building
- Leadership
- Learn new skills using specialist tools and equipment
- Discover about conservation management techniques

If you would like to discuss any for these points further, please get in touch. Yours sincerely

Mrs Alison Tapply Forest Keeper



19th May 2015

Dear Sir/Madam,

Epping Forest Youth Council

Having now been working with children and young people in Epping Forest in various roles since 2003 (as a member of staff at Davenant Foundation School, Children's Pastor at St. Mary's Church in Loughton and now as Director of the RBF Foundation), I have had the privilege to see the Epping Forest Youth Council develop from its inception to its current iteration under Di Butler's leadership.

For those young people who participate as council members themselves, it is undoubtedly a formational experience that clearly has a lasting impact on their personal development and future prospects. It is an activity that not only 'looks good on a CV' but actually gives the participant a transferrable skill set that can be applied in a wide variety of further education/employment opportunities; creating well rounded, confident individuals who are skilled communicators and strong advocates for their peers.

Like any elected body, the challenge for the Youth Council is to continue to engage effectively with their electorate outside of campaign time and in my experience the Youth Council has been more successful at this than many of their senior counterparts. I have worked in partnership with YC members on a number of initiatives over the years, bringing them into contact with non-YC members and ensuring they are hearing from young people who aren't necessarily those who might be in their social circle and are from other parts of the district that they may not have encountered before. The output of the Youth Council, such as the Personal Safety DVD and the Volunteering Card have largely been well received by the young people that I work with and are good examples of where the Youth Councillors can be observed by their electorate as adding value locally.

As with any democratic structure, the more opportunities for interaction between constituents and elected members the better, so I would suggest that in future, more opportunities be created for the Youth Councillors to actively engage with the young people they represent be created to ensure that there is an ongoing dialogue rather than just on a project-by-project basis, and not necessarily just through formal 'consultations' or 'conferences' as these tend to give one-off snapshots rather than being ongoing conversations. As part of the Youth Opportunities 'Tube Map' information gathering process, youth councillors have visited a wide variety of local projects in previous years and I wonder whether this could happen on a more regular basis with youth councillors having one evening a month (for instance) where they are released from their council meetings to effectively run a 'surgery' at a local group where their role is to actively engage with the participants to not only hear young people's views on the ground but also to further raise the profile of the Youth Council locally, ensuring that the business of the Youth Council retains a sharp focus on what young people in the District are really asking for as well as the personal passions and causes that the Councillors themselves feel strongly about.

RBF would be more than happy to partner with EFDC in any future development of the Youth Council as we see them as a highly worthwhile local body whose role and position has the potential to grow and expand greatly as advocates and service deliverers as other local youth services continue to contract and 'transition' as statutory resources become more scarce. We feel any reduction in their remit, scope or level of engagement would be to the detriment of all young people in the District.

Yours Faithfully,

Luke Lowrie Director The Red Balloon Family Foundation From: jfoile@vaef.org.uk Sent: 06 May 2015 16:50:16

To: Diane Butler

Cc: Julie Chandler; jsymes@vaef.org.uk

Subject: Youth Engagement task and Finish Review

Hi Di

I hope you find the following information useful in response to your request for VAEF's comments on the District Council's youth engagement activity in Epping Forest. As you will note, the first few sentences are about the positive work VAEF have undertaken with the Youth Council. I have then shared some of my thoughts and observations on the Youth Council.

Firstly then, Voluntary Action Epping Forest Carers project has worked with the Youth Council on several Intergenerational project activities and each one has been a great success. The council members have made their own suggestions for activities and each taken on tasks to bring the event together at the same time as taking on the needs of the age group they would be working with. The group of carers are all over 65 and don't deal with young people on a regular basis but were keen to participate in the events. The activities included bingo, a music quiz, a sporting quiz, cake decorating, an Easter egg hunt and old fashioned games such as tiddlywinks and shove ha'penny. The youth councillors each sat on one of the quiz teams and the carers said they enjoyed having a young person on the team in their words it injected some life in to their team. The bingo calling certainly caused a few laughs with the older ladies not understanding the bingo language of the young caller.

The feedback from the carers was very positive saying what an enthusiastic bunch of young people the youth councillors were and how nice it was that they wanted to mix with the old folk. The opinion of the carers was that they would like to participate in future events as it was nice to be around young people. From our part even though VAEF does not now operate a Carers project at present, we would definitely be interested in working with the Youth Council again on a similar event at one of our Befriending clubs for older people.

When I met a number of the youth councillors at the EFDC conference I found them to be extremely bright and articulate and therefore probably the type of young people that may well have decided to contribute to their community with no encouragement in the first instance. It is for this reason I wonder whether more resource should be dedicated to working with those youngsters that do not have great opportunities ahead of them. This is not necessarily to say there shouldn't be a Youth Council as it is good to have representation from young people, but perhaps more of a balance is required.

You may also be interested to know that VAEF has just started to work with the youth offending team to try to support some of these young people onto a better pathway.

I hope you are keeping well Di and please let me know if VAEF can be of further assistance.

Regards

Jacqui

Jacqui Foile Chief Officer Voluntary Action Epping Forest 01992 564424

Gill Wallis

Subject:

FW: Review of Epping Forest Youth Council / Youth Engagement - ECC

From: Diane Butler Sent: 04 June 2015 10:51

To: Gill Wallis Cc: Chris Overend

Subject: Review of Epping Forest Youth Council / Youth Engagement - ECC

From: Vicky Young, West Senior Community Based Commissioner [mailto:Vicky.Young@essex.gov.uk]

Sent: 04 June 2015 10:16

To: Diane Butler

Subject: RE: Review of Epping Forest Youth Council - Urgent Request for Monday 1st June

Di.

Huge apologies for the delay!!

Young people themselves gain a great deal from their involvement in youth councils. The format has been very good, with young schools representatives, as it means that each young person in each school can express their views to their school council who in turn represent their views to the youth council (who in turn have the opportunity to represent their views at the Young Essex Assembly and from there the UK Youth Parliament). This ensures that young people's views and opinions are shared nationally.

The youth councillors themselves not only receive training and support to develop their skills in this role, they also gain confidence through expressing their voice and through the experiences they take part in, running events, meeting to councillors and this can open many doors for young people during their participation and in the future.

The Epping Forest Youth Council has been a shining example across Essex and is frequently referred to positively.

The Youth Council have at times worked with the ECC Youth Service, for example, they have been pro-active with the Youth Strategy Group stakeholder event this year. The young people attending this group requested the opportunity to be part of this and a group of them were involved in it's design and implementation. This may seem like a 'nice addition' to such an event, but this meeting is key in setting the outcomes that we will commission against for this financial year and their considerable involvement gives weight to discussions, particularly as they were able to put in views through their school networks, school councils and from their recent consultation. This helps us to ensure that we get the best outcomes set for young people. We also had a lot of positive feedback about these young people's involvement as being vital in the process. Without the training and experience these young people already have, this would not have been possible.

Youth Councillors are represented at the Youth Strategy Group meetings regularly, which is a group made up of ECC and EFDC officers, county councillors and other key representatives. It's purpose is to both steer and champion young people's services in Epping Forest. The youth councillors who attend this meeting have without exception participated well and been a clear voice of young people across the district, due to their clear links through the schools and other local groups. When they join in our debates, which they always do, their views carry weight and they often give examples which back up their arguments. I can honestly say that the youth council have a very positive and influential voice at these meetings and that their presence is valued by myself and the councillors.

Youth Council elections are very positive in schools and other youth settings for raising debate about politics and democracy and it encourages young people to see that there is good value in electing someone they can relate to who will represent their views.

I summarise to say that whilst I have worked with and witnessed a range of youth voice projects in the past, the EF Youth Council have over the years surpassed my expectations not just in their abilities but also in the way they conduct themselves. They have always been a credit to EFDC.

Regards Vicky

Vicky Young

Senior Youth and Community Commissioner, West Essex
Essex County Council Youth Service
Goodman House, Station Approach, Harlow, CM20 2ET | telephone: 01279 404401 | email: vicky.young@essex.gov.uk

Youth Engagement Task and Finish Panel: Terms of Reference

Origin

At its meeting on 10th February 2015, the Overview and Scrutiny Committee agreed a request from the Leisure and Community Services Portfolio Holder, to establish a new Task and Finish Panel to review potential options for the best use of the existing Council budget for youth engagement, which is currently utilised for operation of the Epping Forest Youth Council.

Terms of Reference

- 1. To review the operation of the Youth Council and identify specific areas of work undertaken and the success and impact of these;
- To review the level of engagement the Youth Council has with peers in local schools and 'other young people' of all ages across the district, through the range of work undertaken by the Youth Council and the importance of this engagement for local community groups;
- 3. To consider feedback from local schools and other partners in respect of the work of the Youth Council;
- 4. To include a London authority and a comparative District Council in Essex;
- 5. To identify the expenditure related to various elements of the Youth Council work programme and analyse the cost/benefit of this;
- 6. To consider other work undertaken by Community Services and Safety to engage with young people and identify the costs associated with this;
- 7. To consider the status of Essex Youth Services following recent service transformation and resulting implications for the district; and,
- 8. To prepare a set of recommendations for consideration by the Overview and Scrutiny Committee at its meeting in November 2015.

Aims and Objectives

- (a) To report findings to the Overview and Scrutiny Committee and submit a final report for consideration by the Committee and the Council by November 2015;
- (b) To include two representatives from the District Youth Council on the Task and Finish Panel:
- (c) To determine the impact of the Council's current engagement with young people, through consultation with local statutory and voluntary sector partners, and,
- (d) To determine the best use of the allocated funding for the future.



Youth Engagement Task & Finish Review

Youth Engagement work undertaken by Community Services and Safety

The Council's Community Services and Safety teams undertake a very wide range of work that can be considered as youth engagement. This ranges from the Youth Council, which is a particular focus of this review, through to the hundreds of activities and projects that are delivered through sports, arts, dance, community and the Museum Service.

As background information to the Task & Finish Review, it is worth noting the breadth of these initiatives in order to understand the scope of local provision for children and young people and the following list gives a good overview of what is provided. However, whilst all of these initiatives provide excellent opportunities to engage with young people through mechanisms of sport, leisure and culture, for the purpose of this review these are not determined as Youth Engagement specifically, as there is less opportunity to receive structured feedback from participants.

Overview of general youth activity provision:

- 1) Mountain Biking A series of 'led' mountain biking sessions are available for youngsters aged 8 18 years, which take place in designated areas in Epping Forest and the Lea Valley nature reserve. These sessions aim to develop discipline, skills and fitness amongst participants and encourage youngsters to understand and be part of a sports club environment. Part of this project is funded through external funding, including purchase of equipment including bikes and helmets, in order to reduce issues with accessibility. £10K funding was secured for this work from Sport England.
- 2) Football and Boxing Projects in Super Output Areas Funded through a mixture of core budget and external funding, these projects are delivered in key target areas of the district and are designed to engage through sport, young people at risk of anti-social behaviour/youth nuisance. Sessions currently operate in Waltham Abbey at Town Mead and Limes Farm, Chigwell and attract between 25-80 young people per session for football and around 15-20 for boxing. These sessions are delivered by experienced coaches who promote discipline, as well as skills and fitness improvement for participants. £14,200 funding was secured for this work through the Police and Crime Commissioner.
- 3) Street and General Dance Programmes: These take place across the district at a range of venues and target children and young people of all ages. Initially the sessions are led and organised by Council staff, but the aim is for each group to become self-sustainable by training of volunteers who are often parents, to take over the running of them. Two special 'showcase' events are held each year to enable the young participants to demonstrate their skills and these attract audiences of around 800 family and friends.
- **4) Netball Clubs:** Targeted particularly at teenage girls, these sessions aim to keep girls taking part in sport, by offering fun and competitive sessions outside of school within a club environment. £600 was funded by Active Essex to pump prime this programme.
- **5) Horse Riding and Horse Care:** These sessions are funded externally and aim to provide opportunities for young people who wouldn't usually have access to this type of activity. Prices are kept to a minimum and young people get experience of a working stable, riding and how to care for horses. This programme has been funded by Sportivate funding from Active Essex.
- **6) Boot Camps:** These special fitness classes are designed for older young people and aim to improve fitness, coordination and wellbeing, as well as discipline and concentration.

- 7) Inclusion programme: Fully funded through Essex County Council, this programme offers a very wide range of opportunities and activities for children and young people with additional needs and their families. A full time Inclusion Officer appointed and managed by the Council has developed a regular weekly programme of activities for local families and holiday activities and projects throughout the year. The range of activities provided through this programme include horse riding and horse care, multi-sports sessions, trampolining, swimming, arts & crafts, boccia, field trips and camping. Around 165 families are engaged in this programme, with 615 children and young people ranging from 3 18. Over the last 3 years, £114,600 funding has been secured from Essex County Council and key elements of the programme have been made self-sustainable, through re-investment in the programme.
- 8) 'Six For All' This programme has been running since 16 April 2014 and is funded through Sport England Inclusive Fund. The main aim of the programme is to engage young people aged 14 and over with local sports clubs and activities in order to provide them with easy access to sports activities over the longer term. The work involves training local sports club staff with the skills and knowledge to either set up new sections within their clubs, or integrate young people and adults with additional needs within their core activity. £145,479 funding was secured from Sport England for this work, which will take place over the next two to three years.
- **9) Holiday Programmes:** Hundreds of holiday activities and events are provided for children and young people across the district, during the summer, Easter and half term periods. These sessions include playschemes and 'Play in the Park' for younger children up to 11 years, through to special sports, leisure and dance sessions for 11 18 year olds.
- **10) Youth Volunteering Programme:** Approx 120 young people participate in a taster volunteering day every year. Secondary schools are asked to nominate 20 pupils to attend a day which is facilitated by Community Service's staff and a range of partner agencies. Schools are able to select the most appropriate project for their pupils and this can include; working with EFDC's CountryCare Team, working the City of London at The View, assisting at ELHAP (an outdoor adventure playground for young people with disabilities) and so on.

Recently, a group of pupils from King Harold School were supported to complete a gardening project at the Lowewood Museum and forthcoming days are planned at St Clare's Hospice and within the Council's Sheltered Accommodation Schemes. Evaluation has shown how much the young people gain from these days and the majority express an interest in continuing to volunteer in the community after the event itself.

11) Museum Programmes: A pilot Youth Panel has been established at Lowewood Museum with a view to this being rolled out in Epping Forest to coincide with the preparation for the re-launch of the new EF Museum. The Young Curators programme, which is funded by the Arts Council England and Royal Opera House Bridge Project, has worked with over 50 students based at Epping Forest College and Herts regional College to provide exhibition and design skills. This has resulted in the creation of two public exhibitions which will tour the East of England region. The possibility of future work with the Colleges is being explored.

The Museum also stages 'Takeover Days' as part of a national programme, which gives young people the opportunity to take over a museum for a day. The initiative enables young people to create an exhibition, develop education activities and deliver an event. At the last of these events which was staged at Lowewood Museum, over 70 people attended on the day and 30 pupils from a local primary school also visited to take part in the activities the students had developed.

Formal Youth Engagement provided through Community Services and Safety:

In addition to the overview of generic activities provided above, there are a range of projects and initiatives that are specifically designed to more formally engage with children and young people, in order to promote key health, safety and wellbeing messages. These are as below:

Crucial Crew

This is a long-standing awareness initiative (c15 years), which is delivered to every child aged 11 years old who goes to school in the Epping Forest District. However, it should be noted, that over the last two years, this service has also been delivered to Brentwood Primary Schools as there is currently no similar provision in that area. Crucial Crew is targeted at children in Year 6 at primary Schools, as research has identified that the transition phase from Primary school to secondary school can be a difficult time for most children.

Crucial Crew is organised by the Council's Community Services and Safety staff and involves support from a range of key statutory partners from Essex Police, NHS, Essex County Council and Fire Service, as well as voluntary sector partners including drug and alcohol advisers and experts from the field of bullying and domestic abuse.

Staged over a period of two weeks in the school summer term (usually in June), Crucial Crew is generally based at Gilwell Park Scouting Headquarters in Epping Forest. This is one of the few sites in the district that can accommodate the range of scenarios that take place each day for a total of around 200 children per day. The range of scenarios staged each day are led by a range of partners and include the following:

- Online safety & Cyber Bullying Essex Police
- Healthy relationships, in order to raise children's awareness of what a normal family should be like – Safer Places
- Road safety awareness Essex County Council
- Water safety RNLI
- Alcohol and drug awareness AlcoHelp
- Bullying Red Balloon
- Anti-social behaviour and recycling EFDC
- Healthy living/smoking cessation Ace
- Fire safety Essex Fire & Rescue
- Construction site safety Mears

The sessions are interactive and all children are encouraged to be involved in the discussions. At the end of each day, all children are brought together to take part in a quiz using hand held monitors to assess their level of knowledge gained. They are also given a Crucial Crew workbook, which contains details of the scenarios covered.

Schools are asked to feedback on their perception of the programme, through the teachers who attend with the school groups and over the years that Crucial Crew has been running it has always been seen as a very successful initiative that the children talk about when they go back in school and remember for many years.

Breakdown of Costs of Crucial Crew:

Management and organisation In kind - EFDC

Statutory services scenario providers In kind support

Venue hire £8,000.00

Coach transport for children £12,000.00 (schools contribute £6.00 per

child towards costs)

Workbooks £3230 (£1000 contribution from High

Sheriffs Fund)

The schools that attend from outside of the district are charged £5.00 per booklet and £6.00 towards transport which is offset against the total cost of the programme.

Reality Roadshow

Following the success of Crucial Crew and in discussion with partners, approximately 8 years ago, it was decided to develop a similar awareness programme for pupils of secondary schools in order to reinforce safety messages at a further critical point in their lives. Reality Roadshow was therefore designed by the Council in consultation with partners and now provides an excellent resource for young people aged around 14 years old, in Year 9 at secondary school.

Reality Roadshow is actually held within each secondary school in the district, during curricular time and has a similar scenario programme to Crucial Crew, with the exception that the scenarios are much 'harder hitting' and the focus is on 6 key subjects. These include the following:

- Drugs, in particular, "Legal highs"
- Alcohol misuse
- Sexual health
- Consequences of crime, via an offender insight
- Body image and self esteem
- Cyber bullying and internet safety

The sessions are more detailed and informative than the Primary School programme and are fully interactive, encouraging all participants to contribute. Generally the scenario providers are the same, although additional providers are commissioned where necessary. A bespoke theatre production sets the scene for pupils at the beginning of the day. The script has been specifically commissioned to reflect the issues currently facing our local Epping Forest young people. The other sessions around alcohol and drug abuse contain quite shocking, but true statistics and reference and participants are given very clear messages about the dangers in being involved in any form of substance abuse.

The sessions on healthy relationships are appropriate to the participant group at a time when they may be taking big decisions in their lives and will be aware of their own family dynamics.

Feedback is undertaken with all participants and teaching staff and as with Crucial Crew, this is also very positive. In fact most of the young people will refer back to Crucial Crew and the initial impact that it had on them at Primary School.

Total Costs of Reality Roadshow:

Management and organisation In kind – EFDC

Scenario providers:

Internet safety (Essex Police PCSOs) FREE

Legal highs (ADAS)FREESexual Health (NHS)FREEAlcohol misuse (AlcoHelp)£200Healthy relationships (Safer Places)£200Offender Insight (Tony Sleet)£120

Venue Hire NIL

Total cost per school £520

*Arc Theatre £450 *Cost recharged to school

In the last two years, £2,700 funding from Essex County Council Transitions Fund for Young People has been secured to support the provision of reality Roadshow.

Part of the Youth Strategy budget of £8,700 is used to fund the costs of Reality Roadshow and the remainer of this budget enables a small amount of targeted work to be undertaken in local secondary schools, with young people referred by their teachers because of behavioural and other issues, as detailed below.

Targeted Work in Schools:

Usually this work is undertaken over a period of 6-8 weeks at a regular time each week and the sessions are structured and follow a clear course outline and set of aims. The focus of this work is to encourage participants to adopt more positive attitudes and behaviours and to provide support where there are issues of drug or alcohol abuse, or Domestic Violence within the family. To date the theme of the sessions has varied considerably and some intensive work has been delivered to support young people at risk of self-harm and suicide. The staff appointed to undertake this work are therefore appropriately trained and experienced.

Over the last 3 years £50,518 has additionally been secured from Essex County Council and One Epping Forest Local Strategic Partnership to undertake this work.

Budget allocation for working with Children and Young People.

It would be a significant exercise to provide an exact account of the core budgets of Community Services and Safety that are allocated specifically for young people, as much of the work that is undertaken forms part of wider projects. For example, a Community Event provided in a local ward or area will impact on young people as audiences, consultees and participants.

Therefore it is more appropriate to advise the panel on External Funding generated either specifically for work with children and young people, or as part of a wider project. This amounts to approximately £750,000 over the last five years.

